

Lecture 16

Realizing Existence as Co-existence at All Levels

The Holistic Perception of Harmony in Existence

Basic Human Aspiration

Continuous Happiness and Prosperity

Happiness is to be in Harmony

Program for Fulfilment of Human Aspiration

Understanding Harmony and Living in Harmony at all Levels

- Harmony in the Human Being ✓
- Harmony in the Family ✓
- Harmony in the Society ✓

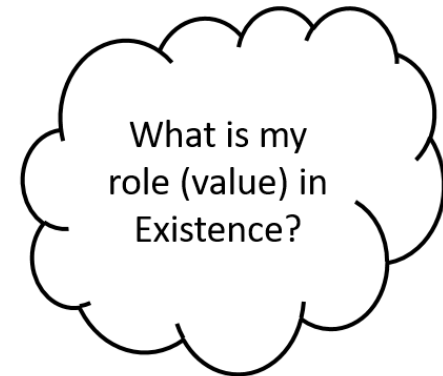
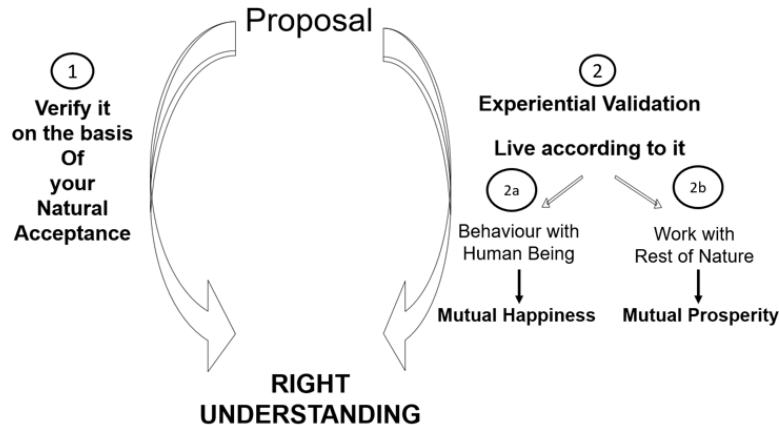


Harmony in Nature/Existence – Existence

Process of Understanding

Self Exploration

Whatever is stated is a **Proposal** (Do not assume it to be true/ false)
Verify it on your own right



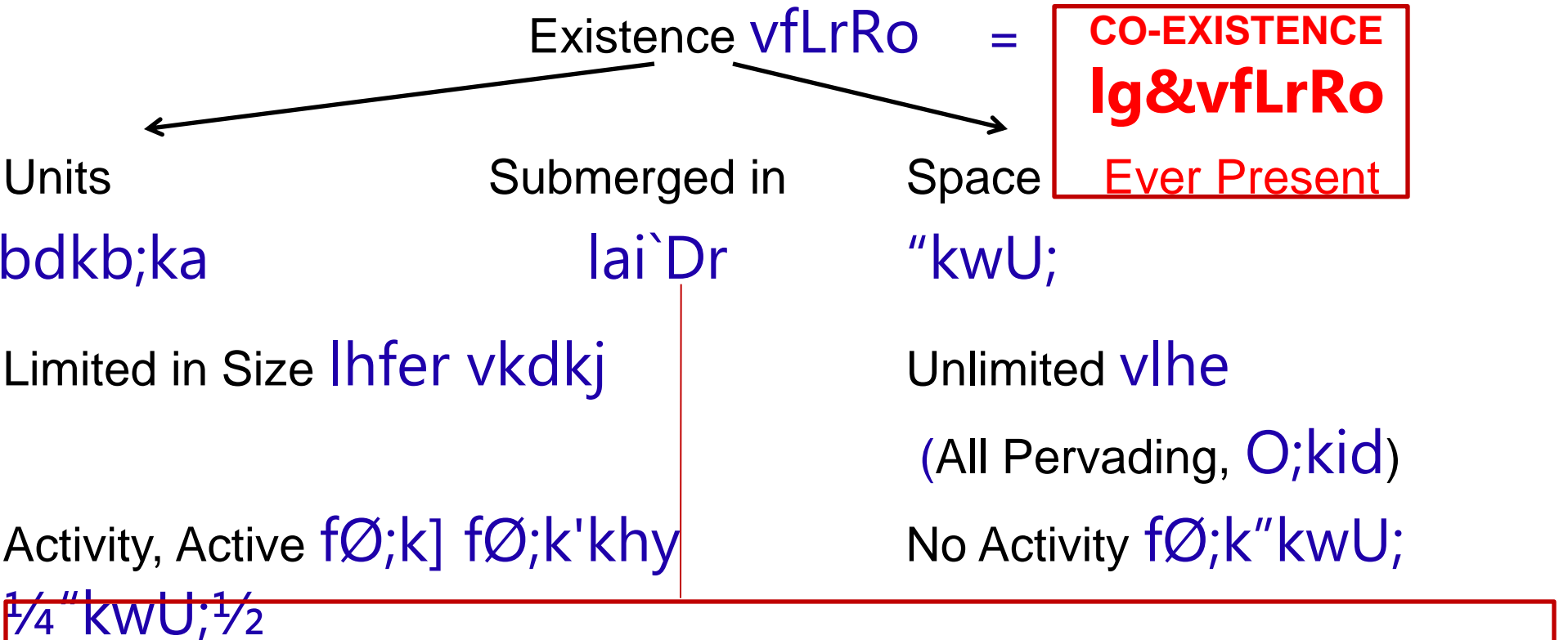
Harmony in Existence vfLrRo esa O;oLFkk

vfLrRo $\frac{3}{4}$ vfLr + + Ro
↓ ↓
gS@gksuk O;oLFkk

Existence = Exist + Essence
Whatever ↓ ↓
Exists is/to be harmony (mutual fulfillment)

vfLrRo $\frac{3}{4}$ lg&vfLrRo $\frac{3}{4}$ "kwU; esa lai`Dr bdkb;ka
Existence = Co- Existence = Units submerged in Space

Harmony in Existence vfLrRo esa O;oLFkk



1. Energised in Space ($\text{"kwU; ds lg}\&\text{vfLrRo esa \AA ftZr gS}$)
2. Self organised in Space ($\text{"kwU; ds lg}\&\text{vfLrRo esa fu;af=r gS] Lo;a es O;oLFkk gS}$)
3. Recognises it's relationship,
Fulfills its relationship with every other Unit in Space

$\text{"kwU; ds lg}\&\text{vfLrRo esa iil iirk dks iankurb gS] fuokZg dirh gS}$

Existence (= Co-existence = Units submerged in Space)

Units (Nature)

Space (All-pervading)

Limited in size
Activity
Self-organized
Energized
Recognises the relationship and fulfills

Unlimited
No activity

Material tM+

Consciousness (Self) pSrU;

Temporary
Recognising, Fulfilling

Continuous
Knowing, Assuming,
Recognising, Fulfilling

Physical Order

Bio Order

Atom

Cell

Molecule

Plant

Molecular Structure

Animal Body

Lump

Fluid

Human Body

Animal Order

Human Order

Right Understanding
Kku

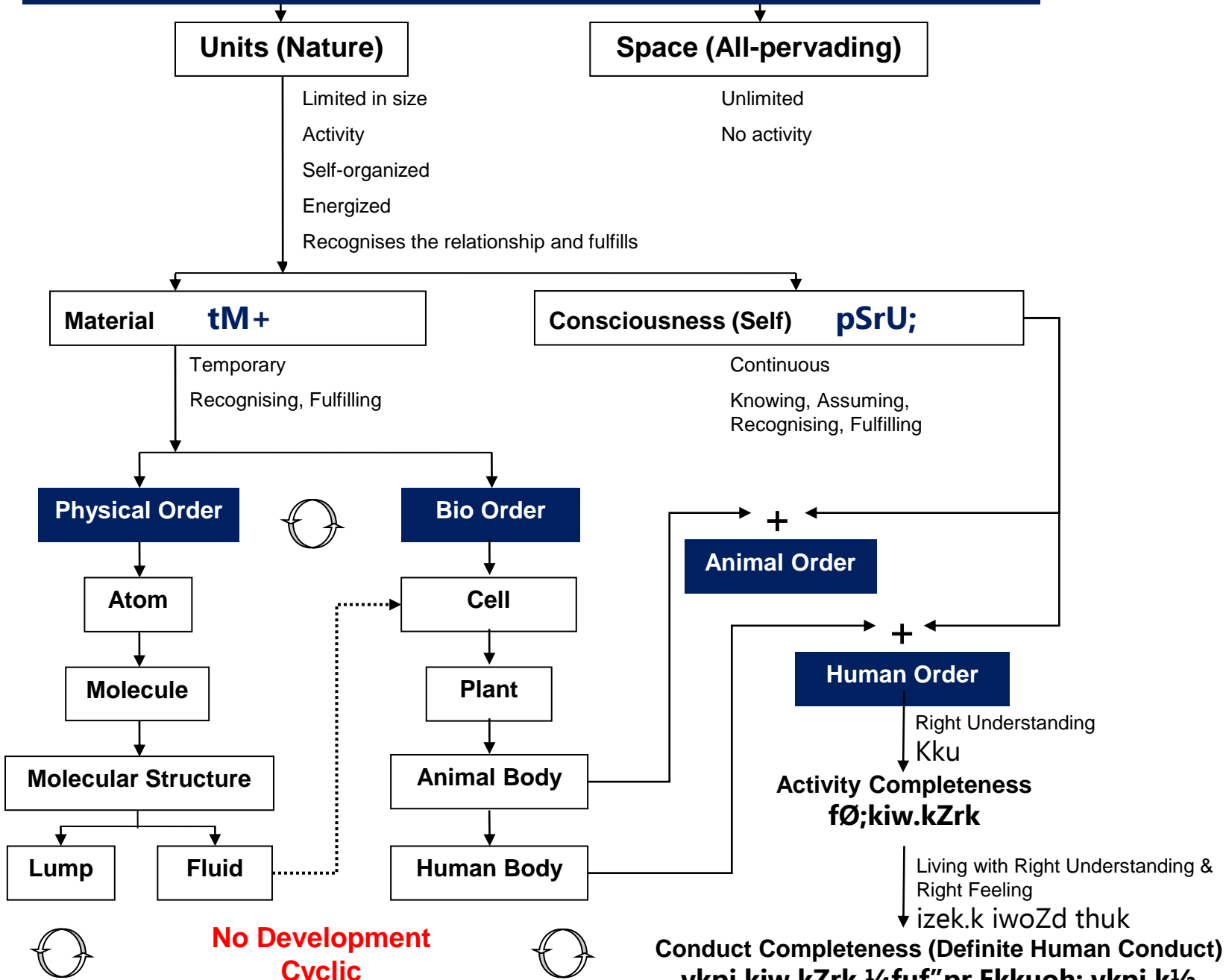
Activity Completeness
fØ;kiw.kZrk

Living with Right Understanding &
Right Feeling
izek.k iwoZd thuk

Conduct Completeness (Definite Human Conduct)
vkpi.kiw.kZrk ¼fuf" pr Ekkuoh: vkpi.k½

**No Development
Cyclic**

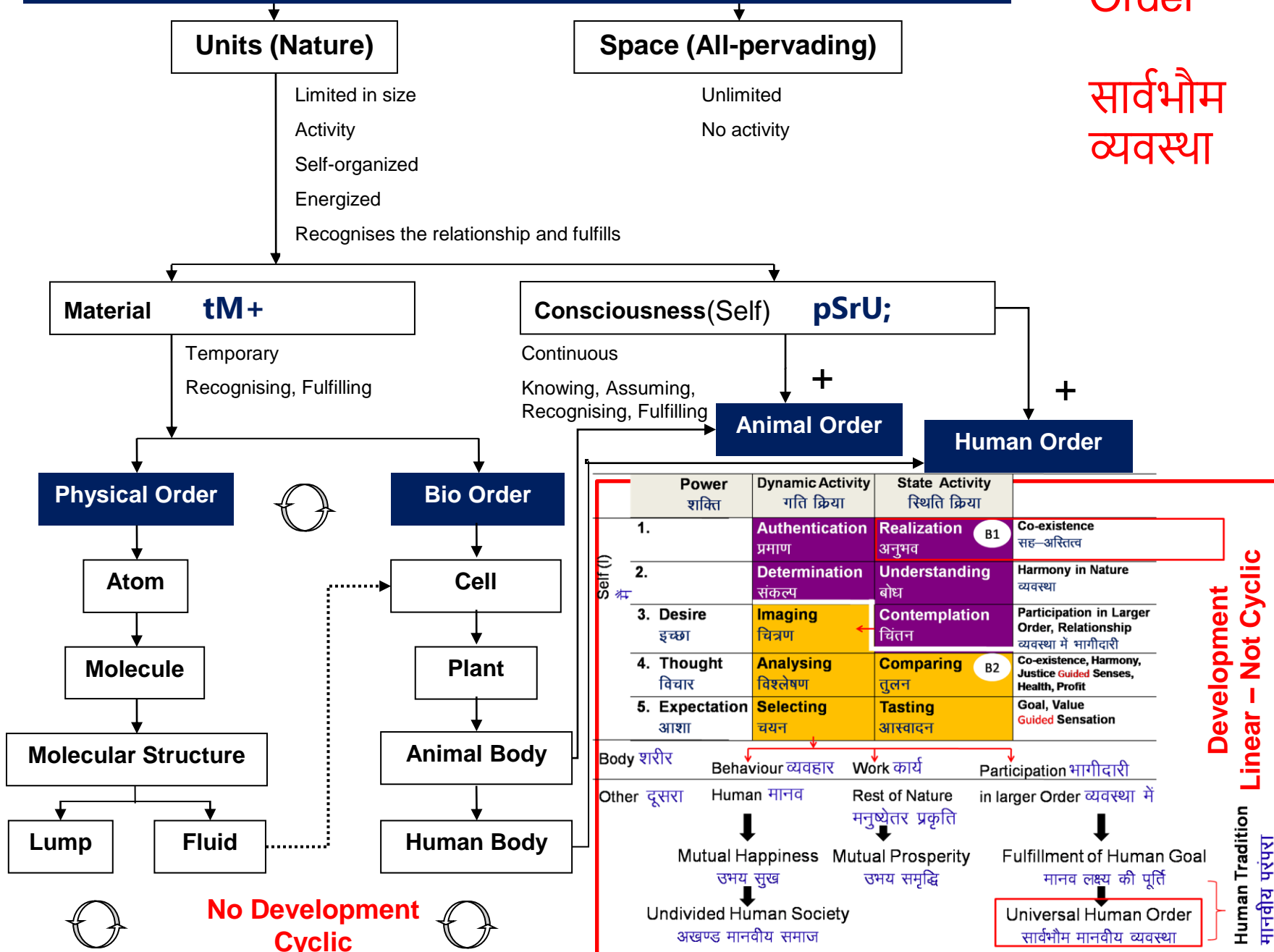
**Development
Linear – Not Cyclic**



Existence (= Co-existence = Units submerged in Space)

Universal
Order

सार्वभौम
व्यवस्था



Sum Up

Existence is in the form of co-existence. It is ever present
(Existence = Co- Existence = Units submerged in Space)

Every unit in existence is related with every other unit in existence in a mutually fulfilling manner

Synergy is intrinsic to existence, harmony is inherent in existence – we do not have to create it, we do not have to construct it

The role of Human Being is to realize this co-existence, this harmony, this order in existence – For this, all that human beings need to do is:

1. To understand the inherent harmony, the co-existence in existence
2. To live accordingly – to live with the feeling of harmony or co-existence (**and there is every provision in existence for living in co-existence**)

Implications

Now we can see that...

Happiness is an indicator, a feedback, that we

- have understood harmony and
 - live in harmony
- } at all 4 levels of our being

Unhappiness is an indicator, a feedback, that we

- have not understood harmony and
 - do not live in harmony
- } at one or more of the 4 levels of our being

Our role is to make the effort

- to understand harmony and
- to live in harmony



Continuous happiness

} at all levels of our being

1. In the Self, as an Individual
2. In Family
3. In Society
4. In Nature/Existence

Program for Human Being (Our Role in Existence)

Existence is Co-existence

Human Being is by virtue of Co-existence; embedded in Co-existence

All the Human Being needs to do is

1. To understand Co-existence and
2. To live in Co-existence

Program for Human Being (Our Role in Existence)

Human beings have two important things to do:

1. To understand the co-existence

1.1. To understand co-existence – **Knowledge (ज्ञान)**

1.2. To ensure the feeling, thought of co-existence –
Resolution (समाधान)

2. To live in co-existence

2.1. To live in co-existence with human-beings

–family to world family – **Undivided Society
(अखंड समाज)**

2.2. To live in co-existence in nature

–family order to world family order – **Universal Human Order
(सार्वभौम व्यवस्था)**

By these two being ensured by human beings, the result will be Undivided Society and Universal Human Order on Earth, in which Harmony and peace are very natural outcomes

(and there is every provision in Existence for it)

Deluded Self: Imagination on basis of Sensation & Preconditioning

Power "kfDr	Dynamic Activity xfr fØz;k	State Activity fLFkfr fØz;k	
1.	Authentication Áek.k	Realization vuqHko	B1
Preconditioning ekU;rk	Determination ladYi	Understanding cks/k	
3. Desire bPNk	Imaging fp=.k	Contemplation fparu	
4. Thought fopkj	Analysing fo'ys"k.k	Comparing rqyu	B2
5. Expectation vk'kk	Selecting p;u	Tasting vkLoknu	

Body 'kjhj	Behaviour O;ogkj	Work dk;Z	2	Sensation
Other nwljk	Human ekuo	Rest of Nature euq";srj iz—fr		Lakosnuk

Self verification on the basis of Natural Acceptance

Igt Loh—fr ds vkËkkj ij tkap dj

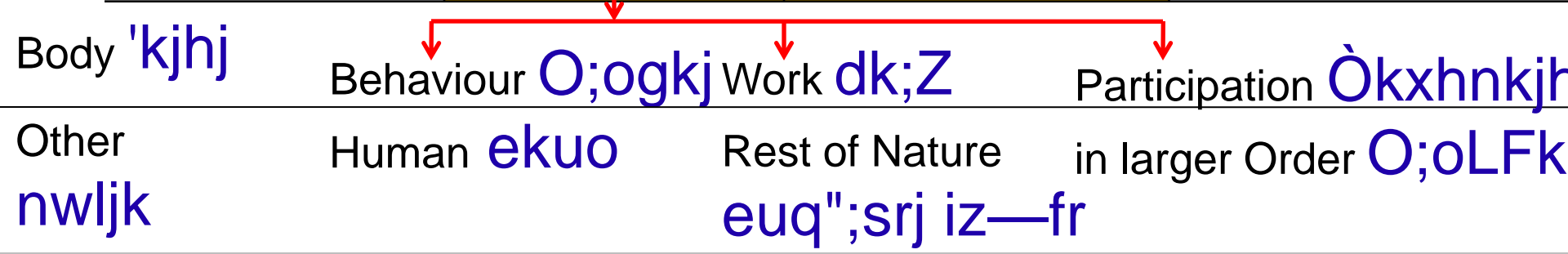
Unguided Senses, Health, Profit

Unguided Sensation

Pure Self: Imagination on basis of Realisation, Understanding & Contemplation

Space "kwU;

	Power "kfDr	Dynamic Activity xfr fØz;k	State Activity fLFkfr fØz;k	
Self (I) esa	1.	Authentication Áek.k	Realization vuqHko	Co-existence lg&vfLrRo B1
	2.	Determination ladYi	Understanding cks/k	Harmony in Nature O;oLFkk
	3. Desire bPNk	Imaging fp=.k	Contemplation fparu	Participation in Larger Order, Relationship O;oLFkk esa Hkkxhnhkj
	4. Thought fopkj	Analysing fo'ys"k.k	Comparing rqyu	Co-existence, Harmony, Justice Guided Senses, Health, Profit B2
	5. Expectation vk'kk	Selecting p;u	Tasting vkLoknu	Goal, Value Guided Sensation



Realisation of Co-existence & it's expression – Universal Human Order

	Power शक्ति	Dynamic Activity गति क्रिया	State Activity स्थिति क्रिया	
Self (I) ऋ	1.	Authentication प्रमाण	Realization अनुभव B1	Co-existence सह-अस्तित्व
	2.	Determination संकल्प	Understanding बोध	Harmony in Nature व्यवस्था
	3. Desire इच्छा	Imaging चित्रण	Contemplation चिंतन	Participation in Larger Order, Relationship व्यवस्था में भागीदारी
	4. Thought विचार	Analysing विश्लेषण	Comparing तुलन B2	Co-existence, Harmony, Justice Guided Senses, Health, Profit
	5. Expectation आशा	Selecting चयन	Tasting आस्वादन	Goal, Value Guided Sensation

REALISATION WITHIN

Body शरीर

Behaviour व्यवहार Work कार्य Participation भागीदारी

Other दूसरा Human मानव Rest of Nature मनुष्येतर प्रकृति in larger Order व्यवस्था में

Mutual Happiness mHk; lq[k Mutual Prosperity mHk; le`f) Fulfillment of Human Goal Ekkuo y{; dh iwfrZ

Undivided Human Society v[k.M ekuoh; lekt

EXPRESSION OUTSIDE

Universal Human Order
lkoZHkkSe ekuoh;

Human Tradition
ekuoh; ijaijk

O:ol Ekk

Existence (= Co-existence = Units submerged in Space)

Universal Order

सार्वभौम व्यवस्था

Units (Nature)

Space (All-pervading)

Limited in size
Activity
Self-organized
Energized
Recognises the relationship and fulfills

Unlimited
No activity

Material tM+

Consciousness(Self) pSrU;

Temporary
Recognising, Fulfilling

Continuous
Knowing, Assuming,
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Animal Order

Human Order

Physical Order

Bio Order

Atom

Cell

Molecule

Plant

Molecular Structure

Animal Body

Lump

Fluid

Human Body

No Development
Cyclic

	Power शक्ति	Dynamic Activity गति क्रिया	State Activity स्थिति क्रिया	
Self (I) ः	1.	Authentication प्रमाण	Realization अनुभव	B1 Co-existence सह-अस्तित्व
	2.	Determination संकल्प	Understanding बोध	Harmony in Nature व्यवस्था
	3. Desire इच्छा	Imaging चित्रण	Contemplation चिंतन	Participation in Larger Order, Relationship व्यवस्था में भागीदारी
	4. Thought विचार	Analysing विश्लेषण	Comparing तुलन	B2 Co-existence, Harmony, Justice Guided Senses, Health, Profit
	5. Expectation आशा	Selecting चयन	Tasting आस्वादन	Goal, Value Guided Sensation
Body शरीर	Behaviour व्यवहार	Work कार्य	Participation भागीदारी	
Other दूसरा	Human मानव	Rest of Nature मनुष्येतर प्रकृति	in larger Order व्यवस्था में	
	Mutual Happiness उभय सुख	Mutual Prosperity उभय समृद्धि	Fulfillment of Human Goal मानव लक्ष्य की पूर्ति	
	Undivided Human Society अखण्ड मानवीय समाज		Universal Human Order सार्वभौम मानवीय व्यवस्था	

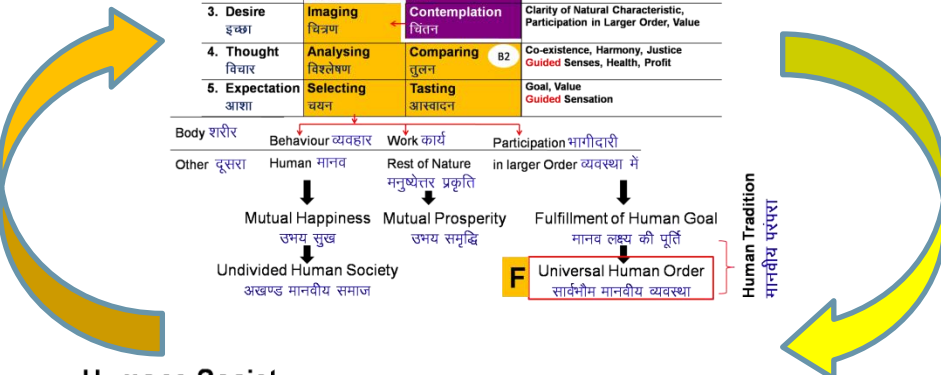
Development
Linear – Not Cyclic

Human Tradition
मानवीय परंपरा

Role of Human Being

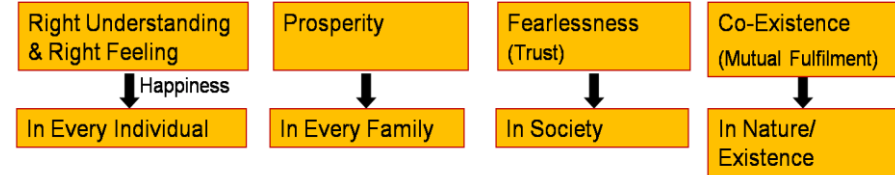
1. Realise the co-existence
2. Ensure universal human order

Space शून्य	Power शक्ति	Dynamic Activity गति क्रिया	State Activity स्थिति क्रिया	
Self (I) अहं	1.	Authentication प्रमाण	Realization अनुभव B1	Clarity of Submergence, Co-existence in Existence
	2.	Determination संकल्प	Understanding बोध	Clarity of Innateness, Self-organisation, Harmony in Nature
	3. Desire इच्छा	Imaging चित्रण	Contemplation चिंतन	Clarity of Natural Characteristic, Participation in Larger Order, Value
	4. Thought विचार	Analysing विश्लेषण	Comparing तुलना B2	Co-existence, Harmony, Justice Guided Senses, Health, Profit
	5. Expectation आशा	Selecting चयन	Tasting आस्वादन	Goal, Value Guided Sensation
Body शरीर	Behaviour व्यवहार	Work कार्य	Participation भागीदारी	
Other दूसरा	Human मानव	Rest of Nature मनुष्येतर प्रकृति	in larger Order व्यवस्था में	



Power शक्ति	Dynamic Activity गति क्रिया	State Activity स्थिति क्रिया	Self verification on the basis of Natural Acceptance
1. Preconditioning मान्यता	Authentication प्रमाण	Realization अनुभव B1	3 सहज स्वीकृति के आधार पर जांच कर
3. Desire इच्छा	Imaging चित्रण	Contemplation चिंतन	
4. Thought विचार	Analysing विश्लेषण	Comparing तुलना B2	Unguided Senses, Health, Profit
5. Expectation आशा	Selecting चयन	Tasting आस्वादन	Unguided Sensation
Body शरीर	Behaviour व्यवहार	Work कार्य	2 Sensation संवेदना
Other दूसरा	Human मानव	Rest of Nature मनुष्येतर प्रकृति	

Humane Society



Family based Society (families having common goal)

Transformation & Progress laO.e.k&fookl

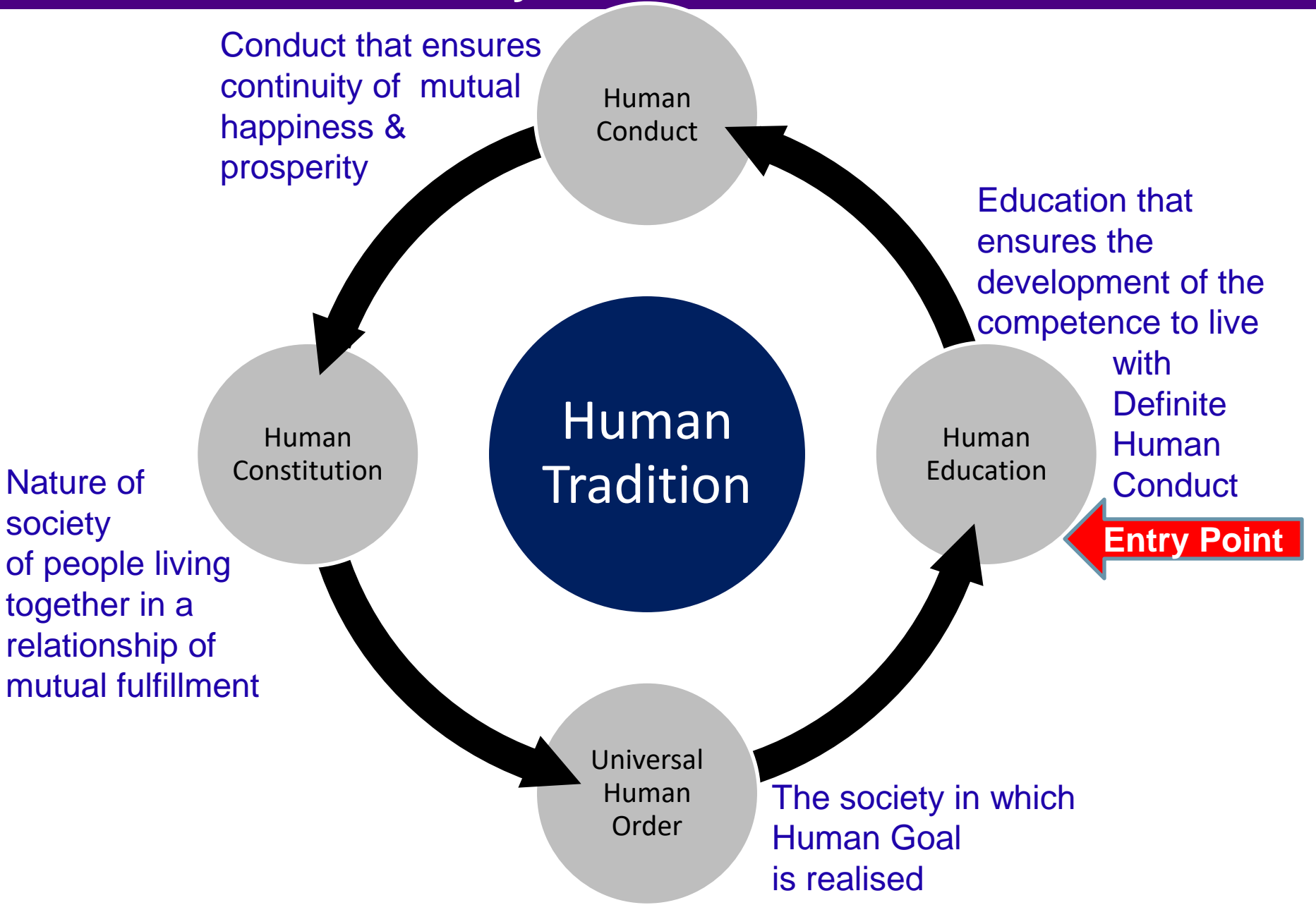
Societal Transformation Through Personal Transformation

Inhuman "Society" (Crowd or Battlefield)

Assumptions (eg. Money is everything)	Accumulation By Any Means	Domination, Exploitation, Fear	Mastery & Exploitation
In Every Individual	In few Individuals	In Society	Over Nature
Obsession for Consumption for Profit		Terrorism War	Resource Depletion Pollution
“ for Sensual Pleasure			

Individual based (having different or opposing goals)

Universal Human Order: Dynamics



Lrj

fLFkfr

xfr

vfLrRo

lg& vfLrRo

lkoZHkkSe O;oLFkk

Ekkuo

vuqHko

izek.k

ijLijrk esa

izse] d:.kk

v[k.M lekt

Level

State

Expression

Existence

Co-existence

Universal Human Order

Human Being

Realisation

Evidence, Authentication

In Mutual relationship

Love, Compassion

Undivided Society

Self Reflection

Self Reflection

1. Is Nature/Existence self organized or is it a chaos?
2. Is struggle inherent in Nature/Existence?
3. Is there survival of the fittest in Nature/Existence?
4. Have we recognised our self, our needs / goals correctly?

Questions?

FAQ

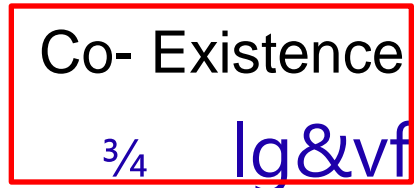
1. In the self, what are the first 2 powers? They have been left blank so far
2. How does this co-relate with the second law of thermodynamics, heisenberg's uncertainty principle (and other observations of chaos)?
3. In all this, so far there is no mention of God. What is God, according to you?
4. Once a person dies, what happens to the self?
5. How did it all start? There is a theory of the Big Bang
6. Are there other planets with human beings?
7. We talk about 4 yugas (kali yug, dwapar, sat yug...). Is that how you also see things? I am asking because if one realises, then does one forget and have to start again?
8. If it is a systematic unfolding of the co-existence, then isn't the co-existence the doer also?
9. How is this related to religion and spirituality?
10. We believe in nothingness, no-self and imparmanence. How do these relate here?
11. The sun is cooling down. So one day the earth will not have this kind of environment. So what is the meaning of continuity of a human tradition on earth?

Harmony in Existence (vfLrRo esa O;oLFkk)

Existence =

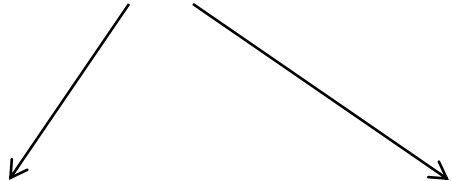
Co- Existence = Units submerged in Space

vfLrRo



lg&vfLrRo

$\frac{3}{4}$ "kwU; esa lai`Dr bdkb;ka



Material
tM+

Consciousness
pSrU;

Harmony in Existence

Self – is an activity, integrated (not divisible), energised, self-organised, recognises other units (e.g. body) & participates in larger order (eg. human being)

Human Being – is an activity, integrated (not divisible), energised, self-organised, recognises other units (e.g. other human beings, rest of nature) & participates in larger order (eg. family)

Family – is an activity, integrated (not divisible), energised, self-organised, recognises other units (e.g. other families, society, rest of nature) & participates in larger order (eg. Education-sanskar dimension of society, work with rest of nature)

Society (all human beings) – is an activity, integrated (not divisible), energised, self-organised, recognises other units (e.g. rest of nature) & participates in larger order (eg. tradition)

Nature – is an activity, integrated (not divisible), energised, self-organised, recognises other units (e.g. existence) & participates in larger order (eg. Earth rotates on its axis and revolves around the Sun)

The essence of all that exists is co-existence [units submerged in space]

It is ever present, ever expressive, gently unfolding

- as harmony in nature... so every unit is energised, every unit is self organised and every unit is mutually fulfilling for the other units
(eg. the human body has trillions of cells... each cell is energised, it is self organised, it recognises its relationship with the other cells and participates in the larger order (parts of body... whole body...) in a mutually fulfilling manner)

[world of material]

- as feeling in human-human relationship...
(eg. trust is the feeling of harmony between one self and another self)

[world of consciousness]